



# **SPRING INTO THE HUB PUB.**

## **Breakfast**

Wednesday to Saturday 8am-11am

## **Lunch**

Wednesday to Saturday 11am-4pm

## **Dinner**

Wednesday to Saturday 4pm-9pm

## **Sunday Brunch**

8am-3pm

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

# Aloha Awakea

Welcome to Lunch at the HUB PUB!

Available from 11-4pm

## HUB Starters & Salads

|  |         |
|--|---------|
| <b>HUBmade Soup (Hapa portion available)</b><br>Made from scratch with local ingredients and lots of love  | \$6/4   |
| <b>Furikake Ulu Fries</b><br>Local Breadfruit with toasted seaweed seasoning and HUBmade beet ketchup  | \$5     |
| <b>Mochiko Chicken</b><br>Appetizer size of rice flour battered organic chicken with a side of HUBmade pickles   | \$6     |
| <b>Seasonal Chips</b><br>Thinly sliced and fried crisp   | \$4     |
| <b>Kohala Salad (Hapa portion available)</b><br>Organic Kohala greens, fresh tomatoes with HUBmade pickles<br>Choice of HUBmade balsamic or Kohala citrus dressing | \$8/\$5 |
| <b>Tomato Tofu &amp; Fennel Salad (Hapa portion available)</b><br>Fresh local veggies and organic tofu, onion with seasonal greens                                 | \$10/6  |
| <b>Citrus Beet Salad</b><br>Marinated, sliced beets, goat cheese, candied mac nuts and seasonal greens<br>Served with Citrus balsamic dressing                     | \$10    |

## Humble Bowls

Lunch sized portions. Served with Brown or White Rice. Two scoops rice free upon request

**Add Organic Tofu \$2 - 4oz Organic Chicken \$3 - Two Kauai Prawns \$4 - Fresh Catch \$5**

|  |   |
|--|---|
| <b>Wok Bowl</b> \$10<br>Sautéed local vegetables with ginger, garlic, shoyu and mirin        | <b>Chicken Papaya</b> \$12<br>Soul Warming bowl of stewed chicken, green papaya. Topped with spicy greens and tomato  |
| <b>Curry Bowl</b> \$12<br>Made from scratch coconut green curry and sautéed local vegetables | <b>Orange Chicken</b> \$14<br>Mochiko chicken tossed with sautéed local vegetables, local citrus and an orange reduction over rice. <i>Substitute tofu for chicken by request</i> |

## Sides

|   |   |
|---|---|
| <b>Steamed Rice</b> \$2<br>Brown or white       | <b>Sautéed Local Greens</b> \$4<br>Seasonal kale or chard sautéed in garlic |
| <b>Tofu</b> \$4<br>Natural pacific organic tofu | <b>Grilled Organic Chicken</b> \$4<br>Marinated in olive oil and herbs      |

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# HUB Deli-ghts

**HUBdeli Combo** **\$10**  
Choice of a cup of soup or salad with our daily special sandwich  
or **Try all three** **\$14**

**Turkey Rueben** **\$14**  
Shaved turkey pastrami piled high, local sauerkraut, cheese, honey mustard on toasted sourdough  
Served with HUBmade pickles and a choice of *seasonal chips, fries or salad*

**Fish Burger** **\$14**  
Locally caught fresh catch on ciabatta with lettuce, tomato, sprouts and HUBmade aioli  
Served with a choice of *seasonal chips, fries or salad*

**KVH PUB Burger** **\$16**  
100% local grass-fed beef, caramelized onions, goat cheese, lettuce, tomato and sprouts on a toasted ciabatta. HUBmade Aioli  
and a choice of *seasonal chips, fries or salad*

**Ulu Veggie Burger** **\$14**  
HUBmade ulu patty, lettuce, tomato, sprouts caramelized onions and vegan HUBmade Aioli on a toasted ciabatta bun  
Served with your choice of *seasonal chips, fries or salad*

**Add Bacon \$2 Avo \$1 Fried Egg \$2**

## Lunch Plates

**Local Fish Plate** **\$16**  
Grilled fresh catch with two scoop rice, HUBmade pickles and salad

**Kahua Hamburger Steak** **\$12**  
100% local grass-fed beef or Ulu patty, onions, gravy, two scoops rice & 'uala salad  
Add Ali'i Mushrooms \$2  
Add Organic Egg \$2

**Teri Beef Plate** **\$10**  
Soy marinated thinly sliced local beef seared and served with sesame mung beans, scallions, 'uala salad & two  
scoops rice  
Add two panko fried Kauai shrimp \$4

**Fish Taco Plate** **\$14**  
Two flour tortillas stuffed with slaw, pico de gallo and southwest Aioli. Served with seasonal chips and salad

## Keiki Menu

Offered for kids 9 and younger

|  |            |   |            |
|--|------------|---|------------|
| <b>Grilled Cheese</b>                          | <b>\$6</b> | <b>Triceratops Tacos</b>                      | <b>\$7</b> |
| Served with sweet potato chips and fresh fruit |            | Veggie or ham quesadillas from the Cretaceous |            |

|  |            |                                  |            |
|--|------------|----------------------------------|------------|
| <b>Keiki Burgers</b>                           | <b>\$8</b> | <b>Keiki Orange Chicken Bowl</b> | <b>\$8</b> |
| Served with sweet potato chips and fresh fruit |            | Like the adults only smaller     |            |

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## **LOCAL FIRST | ORGANIC FOCUSED**

### **Feeding Hawaii from responsible food producers**

We strive to offer the best products Kohala and Hawaii Island has to offer. Our efforts are focused on items that are responsibly grown and country crafted.

**Mahalo to our local farmers and food producers who provide local and/or organic ingredients making up 90% of our menu.**

|                                   |                        |                            |
|-----------------------------------|------------------------|----------------------------|
| Ahualoa Goat Cheese               | Bee Devine Honey       | Big Island Coffee Roasters |
| Big Island Poultry                | Blue Dragon Farm       | Fish House                 |
| Grace Farms                       | Hamakua Mac Nuts       | HIP-Agriculture            |
| Hula Halau O Kukui Aloha O Kohala |                        | Inspired by the Sun        |
| Kahua Ranch                       | Kohala Institute Farm  | Kukuipahu Ranch            |
| Kuaiwi Farms                      | Kohala Organic Produce | Kona Fish                  |
| Lokahi Sanctuary Gardens          | Lone Palm              | Mamane Bakery              |
| Na Pua Li'I Hermitage             | Rincon Family Farms    | Sage Farms                 |
| Spicy Ninja Hot Sauce             | Sunrise Farms          | Tommy Gomes                |
| Tropical Dreams Ice Cream         | The 'Ulu Co-Op         | Westside Confections       |



## **BRINGING COMMUNITY TOGETHER**

The Kohala Village HUB is our community hub, a place where community can gather to STAY at our Inn, EAT at our PUB or LEARN & PLAY at our community programs and events.

***Did you know*** the profits from our restaurant, *The HUB PUB*, and our *Kohala Village Inn* go to support the HUB's non-profit FEED Hawai'i, whose purpose is to support Kohala and Hawai'i community's needs in social, educational, economical, environmental, and physical health through education programs, services, resources, and facilities. Mahalo for helping our community to grow.

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